



F.C. Portland Academy
Player Code of Conduct Agreement

I, _____ of team _____
(please print player's name) (please print player's team name)

have read and understand the following code of conduct, and I agree to follow these principles.

Every player who competes as a member of F.C. Portland Academy is expected to follow a code of conduct that promotes healthy competition, sportsmanship, accountability, and overall good citizenship within the community. To fulfill this expectation, every player and his or her parent(s) are required to agree to the following:

- 1) F.C. Portland players will work to maintain at least a 2.5 GPA or equivalent.
- 2) F.C. Portland players will not use alcohol or illegal substances at any time.
- 3) F.C. Portland players will not use profanity at any time, especially at practices and games.
- 4) F.C. Portland players will accept responsibility for all fouls and not talk back to the referee. This applies to referee warnings, regardless of whether a card is issued.
- 5) F.C. Portland players will not retaliate against any foul. Violators of this rule will be removed from the field, regardless of whether the player receives a yellow or red card.
- 6) F.C. Portland players will acknowledge the referees' efforts at the end of each game by shaking their hands and thanking them, regardless of the game's result.
- 7) F.C. Portland players will shake hands with their opponents after each game.
- 8) F.C. Portland players will stand respectfully with either their hands at their side or their right hand over their heart during play of the national anthem before any game.
- 9) F.C. Portland players will notify their coaches at least one day before their scheduled practice session if they are not able to attend.
- 10) F.C. Portland players will complete a minimum of 10 hours of community service *per season* (both Fall and Winter). Community service activities may be organized by the Academy and/or the team managers, or service may be completed through a player's school or other organization.
- 11) Parents and friends of F.C. Portland players will refrain from talking to or yelling at the referees or other teams' players. Under no circumstances is this allowed within the F.C. Portland organization.
- 12) Parents and friends of F.C. Portland players will refrain from coaching any player from the sidelines. *Cheering and encouragement are welcome at all times.*

Agreed to by:

Player's Signature

Date

Parent's Signature

Date

Parent's Signature

Date